

East Suburban Unitarian Universalist Church



Sunday Services - 10:30 AM
Religious Education - 10:30 AM

Telephone
(724) 327-5872

Website
<http://www.esuuc.org>

Volume 45 No. 4

November 2007

Editor: Mary Warwick
newsletter@esuuc.org

ESUUC Sunday Services

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Pastor's Column: An Attitude of Gratitude

by Rev. Renee Waun

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Attitude is everything. As the holiday of Thanksgiving approaches once again, may we find every reason large and small to be grateful for the way our lives are unfolding. Living in an attitude of gratitude makes life so much more positive and meaningful.

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Please feel free to call or send a note anytime. 412.654.7529 or mathis@psc.edu

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November 18 - Nancy Fizgerald
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Frank Nemeth and Brian Ogle lead the circle. Have any questions? Contact Frank at triad_50@yahoo.com.

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Scrip Fundraising – The Saga Continues

Buy Holiday Gift Cards - and help fundraise at the same time - Order Scrip now!

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Please try to participate - you don't have to buy anything "useless", and there are hundreds of stores to choose from. Almost everyone buys groceries and gasoline (GetGo, Sunoco, etc) on a regular basis, and if you would buy scrip from our church, it would help raise funds "painlessly". GREAT GIFT IDEA: if you give holiday gifts, order and buy gift cards from ESUUC instead of buying gifts or gift cards from the retailers directly. Saves on shipping costs, and less stress on you :-).

Order forms will available in the church foyer. All orders (with full payment) placed by Sunday, Nov 18 will be available for pickup on Dec 2. If there is sufficient demand, we can also bundle orders on Dec 2, with expected availability for pickup on Dec 16.

For web-bies, you can place your order via www.shopwithscrip.com (set up a user account, specify Enrollment Code: 169EEB8L12925, then get your check to Marianne). To see the full list of current stores online: <https://www.glscrip.com/retailerlist/index.aspx> Contact Marianne (email scrip@esuuc.org or 724-325-1548) for details.

Play Tryouts

Anyone interested in participating in the ESUUC Christmas musical, scheduled for December 16, should come to tryouts at the church on Friday November 16 at 7 p.m. If you can't make it and are interested in participating, please contact Dave Schwartz at 412-793-9545. Not all parts require solos, most of the music is Christmas carols. There are a number of carols that will be done as a choir.

Holiday Party

Join your friends at ESUUC for some holiday merrymaking at our annual Holiday Party! This year's celebration is at the church on Sunday, December 16, from 7-9 p.m. Our adults-only gathering will include a potluck supper and the ever-popular Gag Gift Exchange, plus plenty of opportunities for fun and fellowship. Hope to see you there!

Sunday Refreshments

One of the most popular Unitarian traditions is the social hour after each service. At ESUUC, each adult member (or couple) takes a turn bringing refreshments – on average, about one turn a year. That way, everyone has one week to show off their culinary skills, and the rest of the year to enjoy!

To ensure fairness, we assign each adult member or couple a date on which to bring refreshments. These don't have to be homemade or fancy; store-bought treats work well, too. If you haven't brought refreshments before, or are unfamiliar with how things are set up, you may want to come in the weekend before your turn to see how it's done. There are also instructions in the kitchen on how to use the coffeemaker and hot water pot. If you are still confused, or need assistance, contact Brenda Shiring at brennyren@yahoo.com. Don't think she'll let you off the hook, though, as we all seem to like to eat!

If the week you're assigned doesn't work for your schedule, please switch with someone else for that month.

Nov. 4	Frank Nemeth
Nov. 11	Ken and Andrea Noble
Nov. 18	Stone Soup Sunday
Nov. 25	Sharing Sunday

Dec. 2	Wendy Noe
Dec. 9	Gayle Pamerleau
Dec. 16	Mike Pasipanki
Dec. 23	Sharing Sunday
Dec. 30	Sharing Sunday

Paper Kitchen Products

As part of our commitment to becoming a Green Sanctuary, ESUUC is phasing out the use of disposable silverware, plates, and cups in favor of more environmentally-friendly non-disposables. We will use up our remaining supply of disposables, but we ask that members NOT replace them once they are gone. Thanks!

Peace Palooza

Do you want to be on the ground level of the national UU Study Action issue, asking the question, “Should the UUA become the fourth national denomination to be identified as a ‘Peace’ denomination?” (along with the Quakers, Brethren and Mennonites). We hope you will want to be part of this extremely important discussion. Please come to the Peace Palooza on Nov. 2 and 3. Here are the details:



GREATER PITTSBURGH AREA UU PEACE PALOOZA NOVEMBER 2 and 3, 2007

The third annual **UU Palooza** will be on Friday evening and Saturday, November 2 and 3 at the First Unitarian Church of Pittsburgh. This year the entire time is devoted to the **UU Study Action Issue** of whether or not the UUA should become the fourth nationally recognized “Peace” denomination, along with the Friends (Quakers), Brethren and Mennonites. We must **STUDY** this issue before we know how to take **ACTION**.

Friday Evening, 7:30pm: Concert Of Peace Music, Folk Orchestra

First Church, **Emily Pinkerton**, conductor
\$10 adults, \$5 students, youth, children



**Rev. Dr. Paul
Rasor**
UU Author and
Academic

Saturday, Nov. 3

9:00am **Gathering**

9:30am **Opening Worship**, area clergy

10:00am **Keynote Address** given by **The Rev. Paul Rasor**, UU minister, director of the Center for the Study of Religious Freedom at Virginia Wesleyan College and author of *Faith Without Certainty*.

NOON Lunch

Afternoon **Panels and Workshops** featuring:

- **Ms. Scilla Wahrhaftig**, an activist, community organizer and head of the American Friends Service Committee's state office
- **Mr. Art Gish**, civil rights advocate for 40 years, leader of Christian Peacemaker Teams in Hebron, whose most recent book is *Hebron Journal: Stories of Nonviolent Peacemaking*.

3:45pm Closing Worship

What would it mean for UUs to be identified as a “**Peace Church**”? How would that change the way we speak and act and relate? Is this desirable and achievable? The issue may eventually become a resolution coming before the General Assembly. What feedback can we put forth from participating in this crucial study?



Saturday events: Adults \$15, Children and Youth \$8, includes lunch.

[PRE-REGISTRATION IS REQUIRED FOR THE SATURDAY EVENTS.](#)

Pre-REGISTER ONLINE for Saturday events at:

www.alleghenyuu.org Contact # for Allegheny Church: 412/322-4261

Deadline to register: Oct. 29.

A Note from Gail Simmons

My parents Warren and Barbara Simmons, and I, were early members of the ESUUC and my father served as treasurer for a number of years. I am writing to send the news to those who knew him that my father passed away on August 28, 2007. Anyone wishing more details can contact me at gail.m.simmons@gmail.com or gsimmons@mail.csi.cuny.edu. My mailing address is:

Gail Simmons
429 Denison St., #2
Highland Park, NJ 08904

Congregational Committees

Committee – Chair (email)

Aesthetics – Jean Robl and Maureen Lilly	Membership – Marylyn Devlin
Building and Facilities – open	Music – Alan Halperin
Caring & Concerns – open	Pastoral Care – Maria Luczkow
Committee on Ministry – open	Religious Education – Kate Zingarelli
Community – Kate Codd-Palmer	Signs and Symbols – Leona Dunnett
Drumming – Frank Nemeth (drumming@esuuc.org)	Social Enrichment – Brenda Shaffer Shiring
Finance – Chris Priano	Sunday Programs/Celebrations – Mary
Landscaping – Laurie Montgomery	Kukura-Straw
	Welcoming Congregation – Matt Mathis

Newsletter Deadlines

November 2006 newsletter deadline: **Monday, November 19th.**

Please email your articles to newsletter@esuuc.org or call Mary Warwick (724) 327-3092 and leave a message with your news, stories, and other information.

Get the Weekly Email News

If you would like to receive a weekly email that includes items not in the newsletter and reminders of upcoming events for the week, please send an email from the address you would like subscribed to esuuc_news@esuuc.org. You can also send a message to that address if you would like it included in the weekly email announcement to the congregation.

Calendar

Thursday, November 1

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Saturday, November 3

7:30pm Samhain Bonfire

Sunday, November 4

9:30am Choir Rehearsal for today's Service

WhenSun, Nov 4, 9:30am - 10:30am

WhereESUUC

DescriptionAll are welcome - come practice with us at 9:30 am and sing at the today's Service. We practice and sing on the 1st Sunday of each month. Contact Brian Ogle if you have any questions.

10:30am Sunday Service

5:30pm Youth Group

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Tuesday, November 6

7:30pm ESUUC Book Club -

Wednesday, November 7

7:30pm Board Meeting

Thursday, November 8

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, November 11

10:30am Sunday Service

5:00pm OWL Class (7-9)

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, November 15

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Saturday, November 17

9:00am Non-ESUUC Event (Mixed Media Art)

Sunday, November 18

10:30am Sunday Service

Sunday, November 18

11:00 pm Newsletter Deadline

5:30pm Youth Group

7:30pm Drumming Circle

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, November 22

All day

Thanksgiving

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, November 25

10:30am Sunday Service

5:00pm OWL Class (7-9)

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, November 29

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Friday, November 30

6:00pm Heifer International Fast

Saturday, December 1

11:30pm Heifer International Fast

Sunday, December 2

9:30am Choir Rehearsal for today's Service

10:30am Sunday Service

5:30pm Youth Group

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Wednesday, December 5

7:30pm Board Meeting

Thursday, December 6

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 9

10:30am Sunday Service

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, December 13

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 16

10:30am Sunday Service

5:30pm Youth Group

7:30pm Drumming Circle

8:00pm * Spirit Progress Radio is an online streamed audio radio program

11:00pm Newsletter Deadline

Thursday, December 20

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 23

10:30am Sunday Service

8:00pm * Spirit Progress Radio is an online streamed audio radio program

WhenSun, Dec 23, 8pm - 11pm

DescriptionSpirit Progress Radio is an online streamed audio radio program every Sunday night from 8-11 pm ET on the progressive stream at listener -supported RadioPower.org. Hosted by AUUC member Barry Tepperman, it builds around progressive spirituality and the social justice and advocacy activities that arise out of it. The program features listener call-ins, interviews and conversations with those most involved with from 8-11 pm ET on the progressive stream at listener -supported RadioPower.org. Hosted by AUUC member Barry Tepperman, it builds around progressive spirituality and the social justice and advocacy activities that arise out of it. The program features listener call-ins, interviews and conversations with those most involved with faith-driven social activism, and commentaries by your gentle host. The programs are archived for podcasting and downloading from the RadioPower.org site. Related to it, Barry has set up a pod on Zaadz (http://pods.zaadz.com/progressive_spirituality) for discussion of recent broadcasts, listener comments on directions for programming, suggestions for guests and interviews, and discussion on how we can improve bringing this message forward. Barry's blog for Spirit Progress Radio is included in his personal Zaadz blog at <http://griffin3350.zaadz.com/blog>. Need to know more?: Spirit Progress Radio Sunday 8-11 pm ET RadioPower.org - progressive stream e-mail me at SpiritProgress@RadioPower.org call-in numbers during live show: USA - 800-517-4243 toll-free International - 412-321-2098

Thursday, December 27

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 30

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Buy Holiday Gift Cards - and help fundraise at the same time - Order Scrip now!

We are once again selling holiday scrip (gift cards for a huge assortment of retailers, grocery stores, restaurants, gas stations, etc) to help fundraise for the next Coming of Age group. You buy scrip for stores that you already buy from and ESUUC gets a "rebate"! For example, if you buy a \$100 Lands' End gift card, you pay ESUUC \$100 and get a card worth \$100. We raise funds because we purchase the cards at a discount, which varies from store to store. Last year, we raised over \$300 in one month!

Please try to participate - you don't have to buy anything "useless", and there are hundreds of stores to choose from. Almost everyone buys groceries and gasoline (GetGo, Sunoco, etc) on a regular basis, and if you would buy scrip from our church, it would help raise funds "painlessly". GREAT GIFT IDEA: if you give holiday gifts, order and buy gift cards from ESUUC instead of buying gifts or gift cards from the retailers directly. Saves on shipping costs, and less stress on you :-).

Order forms will available in the church foyer. All orders (with full payment) placed by Sunday, Nov 18 will be available for pickup on Dec 2. If there is sufficient demand, we can also bundle orders on Dec 2, with expected availability for pickup on Dec 16.

For web-bies, you can place your order via www.shopwithscrip.com (set up a user account, specify Enrollment Code: 169EEB8L12925, then get your check to Marianne). To see the full list of current stores online: <https://www.glscrip.com/retailerlist/index.aspx> Contact Marianne (email scrip@esuuc.org or 724-325-1548) for details.

Play Tryouts

Anyone interested in participating in the ESUUC Christmas musical, scheduled for December 16, should come to tryouts at the church on Friday November 16 at 7 p.m. If you can't make it and are interested in participating, please contact Dave Schwartz at 412-793-9545. Not all parts require solos, most of the music is Christmas carols. There are a number of carols that will be done as a choir.

Holiday Party

Join your friends at ESUUC for some holiday merrymaking at our annual Holiday Party! This year's celebration is at the church on Sunday, December 16, from 7-9 p.m. Our adults-only gathering will include a potluck supper and the ever-popular Gag Gift Exchange, plus plenty of opportunities for fun and fellowship. Hope to see you there!

Sunday Refreshments

One of the most popular Unitarian traditions is the social hour after each service. At ESUUC, each adult member (or couple) takes a turn bringing refreshments – on average, about one turn a year. That way, everyone has one week to show off their culinary skills, and the rest of the year to enjoy!

To ensure fairness, we assign each adult member or couple a date on which to bring refreshments. These don't have to be homemade or fancy; store-bought treats work well, too. If you haven't brought refreshments before, or are unfamiliar with how things are set up, you may want to come in the weekend before your turn to see how it's done. There are also instructions in the kitchen on how to use the coffeemaker and hot water pot. If you are still confused, or need assistance, contact Brenda Shiring at brennyren@yahoo.com. Don't think she'll let you off the hook, though, as we all seem to like to eat!

If the week you're assigned doesn't work for your schedule, please switch with someone else for that month.

Nov. 4	Frank Nemeth
Nov. 11	Ken and Andrea Noble
Nov. 18	Stone Soup Sunday
Nov. 25	Sharing Sunday

Dec. 2	Wendy Noe
Dec. 9	Gayle Pamerleau
Dec. 16	Mike Pasipanki
Dec. 23	Sharing Sunday
Dec. 30	Sharing Sunday

Paper Kitchen Products

As part of our commitment to becoming a Green Sanctuary, ESUUC is phasing out the use of disposable silverware, plates, and cups in favor of more environmentally-friendly non-disposables. We will use up our remaining supply of disposables, but we ask that members NOT replace them once they are gone. Thanks!

Peace Palooza

Do you want to be on the ground level of the national UU Study Action issue, asking the question, “Should the UUA become the fourth national denomination to be identified as a ‘Peace’ denomination?” (along with the Quakers, Brethren and Mennonites). We hope you will want to be part of this extremely important discussion. Please come to the Peace Palooza on Nov. 2 and 3. Here are the details:



GREATER PITTSBURGH AREA UU PEACE PALOOZA NOVEMBER 2 and 3, 2007

The third annual **UU Palooza** will be on Friday evening and Saturday, November 2 and 3 at the First Unitarian Church of Pittsburgh. This year the entire time is devoted to the **UU Study Action Issue** of whether or not the UUA should become the fourth nationally recognized “Peace” denomination, along with the Friends (Quakers), Brethren and Mennonites. We must **STUDY** this issue before we know how to take **ACTION**.

Friday Evening, 7:30pm: Concert Of Peace Music, Folk Orchestra

First Church, **Emily Pinkerton**, conductor
\$10 adults, \$5 students, youth, children

Saturday, Nov. 3

9:00am **Gathering**

9:30am **Opening Worship**, area clergy



Rev. Dr. Paul
Rasor
UU Author and
Academic

10:00am **Keynote Address** given by **The Rev. Paul Rasor**, UU minister, director of the Center for the Study of Religious Freedom at Virginia Wesleyan College and author of *Faith Without Certainty*.

NOON Lunch

Afternoon **Panels and Workshops** featuring:

- **Ms. Scilla Wahrhaftig**, an activist, community organizer and head of the American Friends Service Committee's state office
- **Mr. Art Gish**, civil rights advocate for 40 years, leader of Christian Peacemaker Teams in Hebron, whose most recent book is *Hebron Journal: Stories of Nonviolent Peacemaking*.

3:45pm Closing Worship

What would it mean for UUs to be identified as a “**Peace Church**”? How would that change the way we speak and act and relate? Is this desirable and achievable? The issue may eventually become a resolution coming before the General Assembly. What feedback can we put forth from participating in this crucial study?



Saturday events: Adults \$15, Children and Youth \$8, includes lunch.

[PRE-REGISTRATION IS REQUIRED FOR THE SATURDAY EVENTS.](#)

Pre-REGISTER ONLINE for Saturday events at:

www.alleghenyuu.org Contact # for Allegheny Church: 412/322-4261

Deadline to register: Oct. 29.

A Note from Gail Simmons

My parents Warren and Barbara Simmons, and I, were early members of the ESUUC and my father served as treasurer for a number of years. I am writing to send the news to those who knew him that my father passed away on August 28, 2007. Anyone wishing more details can contact me at gail.m.simmons@gmail.com or gsimmons@mail.csi.cuny.edu. My mailing address is:

Gail Simmons
429 Denison St., #2
Highland Park, NJ 08904

Congregational Committees

Committee – Chair (email)

Aesthetics – Jean Robl and Maureen Lilly	Membership – Marylyn Devlin
Building and Facilities – open	Music – Alan Halperin
Caring & Concerns – open	Pastoral Care – Maria Luczkow
Committee on Ministry – open	Religious Education – Kate Zingarelli
Community – Kate Codd-Palmer	Signs and Symbols – Leona Dunnett
Drumming – Frank Nemeth (drumming@esuuc.org)	Social Enrichment – Brenda Shaffer Shiring
Finance – Chris Priano	Sunday Programs/Celebrations – Mary Kukura-Straw
Landscaping – Laurie Montgomery	Welcoming Congregation – Matt Mathis

Newsletter Deadlines

November 2006 newsletter deadline: **Monday, November 19th.**

Please email your articles to newsletter@esuuc.org or call Mary Warwick (724) 327-3092 and leave a message with your news, stories, and other information.

Get the Weekly Email News

If you would like to receive a weekly email that includes items not in the newsletter and reminders of upcoming events for the week, please send an email from the address you would like subscribed to esuuc_news@esuuc.org. You can also send a message to that address if you would like it included in the weekly email announcement to the congregation.

Calendar

Thursday, November 1

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Saturday, November 3

7:30pm Samhain Bonfire

Sunday, November 4

9:30am Choir Rehearsal for today's Service

WhenSun, Nov 4, 9:30am - 10:30am

WhereESUUC

DescriptionAll are welcome - come practice with us at 9:30 am and sing at the today's Service. We practice and sing on the 1st Sunday of each month. Contact Brian Ogle if you have any questions.

10:30am Sunday Service

5:30pm Youth Group

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Tuesday, November 6

7:30pm ESUUC Book Club -

Wednesday, November 7

7:30pm Board Meeting

Thursday, November 8

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, November 11

10:30am Sunday Service

5:00pm OWL Class (7-9)

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, November 15

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Saturday, November 17

9:00am Non-ESUUC Event (Mixed Media Art)

Sunday, November 18

10:30am Sunday Service

Sunday, November 18

11:00 pm Newsletter Deadline

5:30pm Youth Group

7:30pm Drumming Circle

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, November 22

All day

Thanksgiving

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, November 25

10:30am Sunday Service

5:00pm OWL Class (7-9)

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, November 29

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Friday, November 30

6:00pm Heifer International Fast

Saturday, December 1

11:30pm Heifer International Fast

Sunday, December 2

9:30am Choir Rehearsal for today's Service

10:30am Sunday Service

5:30pm Youth Group

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Wednesday, December 5

7:30pm Board Meeting

Thursday, December 6

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 9

10:30am Sunday Service

8:00pm * Spirit Progress Radio is an online streamed audio radio program

Thursday, December 13

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 16

10:30am Sunday Service

5:30pm Youth Group

7:30pm Drumming Circle

8:00pm * Spirit Progress Radio is an online streamed audio radio program

11:00pm Newsletter Deadline

Thursday, December 20

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 23

10:30am Sunday Service

8:00pm * Spirit Progress Radio is an online streamed audio radio program

WhenSun, Dec 23, 8pm - 11pm

DescriptionSpirit Progress Radio is an online streamed audio radio program every Sunday night from 8-11 pm ET on the progressive stream at listener -supported RadioPower.org. Hosted by AUUC member Barry Tepperman, it builds around progressive spirituality and the social justice and advocacy activities that arise out of it. The program features listener call-ins, interviews and conversations with those most involved with from 8-11 pm ET on the progressive stream at listener -supported RadioPower.org. Hosted by AUUC member Barry Tepperman, it builds around progressive spirituality and the social justice and advocacy activities that arise out of it. The program features listener call-ins, interviews and conversations with those most involved with faith-driven social activism, and commentaries by your gentle host. The programs are archived for podcasting and downloading from the RadioPower.org site. Related to it, Barry has set up a pod on Zaadz (http://pods.zaadz.com/progressive_spirituality) for discussion of recent broadcasts, listener comments on directions for programming, suggestions for guests and interviews, and discussion on how we can improve bringing this message forward. Barry's blog for Spirit Progress Radio is included in his personal Zaadz blog at <http://griffin3350.zaadz.com/blog>. Need to know more?: Spirit Progress Radio Sunday 8-11 pm ET RadioPower.org - progressive stream e-mail me at SpiritProgress@RadioPower.org call-in numbers during live show: USA - 800-517-4243 toll-free International - 412-321-2098

Thursday, December 27

7:00pm "A Course in Miracles" reading group (contact Nancy Fitzgerald)

Sunday, December 30

10:30am Sunday Service

8:00pm * Spirit Progress Radio is an online streamed audio radio program