

# East Suburban Unitarian Universalist Church



Sunday Services - 10:30 AM  
Religious Education - 10:30 AM

Telephone  
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Website  
<http://www.esuuc.org>

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Volume 46 No. 2

October 2008

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## *ESUUC Sunday Services*

**Sunday, October 5, 10:30 am** – *How I Wonder*—What is meant by the idea of "wonder", and how do we encourage it in ourselves and others? Why is it important—especially in our current culture—to have a sense of wonder about our world and about the people we encounter? **Dr. Waun** will help us to reflect upon this fascinating topic as part of celebrating the **Coming of Age** youth who are just beginning their COA journey at ESUUC.

**Sunday, October 12, 10:30 am** – *"You're Not As Sane As You Think You Are"* - **Melissa Alcorn-Ferry** will lead a discussion on mental health and mental illness. We will look at our understanding and misconceptions of mental illness and discuss why it is important for people to understand what some of our fellow human brothers and sisters are facing in their daily lives.

**Sunday, October 19, 10:30 am** – *"TBD"* – Details of this service were not available at the time of publication. Please do join us and find out what interesting topic we will discuss this Sunday.

**Sunday, October 26, 10:30 am** – *"Honoring the Ancestors"*- Come and share memories of your ancestors, loved ones, and honored other who have passed away. With any luck, there will be sugar skulls to decorate in their honor.

**Sunday, Nov. 2, 10:30 am** – *"North, South, East, West"*- How has geography affected culture? In her many travels, **Dr. Waun** has made some observations about people from the different hemispheres and regions and how cultural habits may have developed simply because of weather, location and topography. This topic is meant to be purely speculative in nature, not based on anything scientific, but hopefully it will prompt lively discussion.



# *Pastor's Column: Statues and Statutes and Quick Fixes*

by Rev. Renee Waun

It has something to do with the news that Michelangelo's magnificent statue David is in peril again. After the massive restoration done in 2004 where they spent a huge sum filling cracks in the iconic statue, these cracks have already begun to reopen. And experts say that unless they spend another \$1.5 million or so to shore it up, the thing will topple at some point in the foreseeable future, due to the vibrations from footsteps and street traffic.

Now to the garden of a neighbor who has a four-foot version of David standing facing the sidewalk on the side of the house. Some well-meaning person must have been offended by the effrontery of nudity because the other day there was a brightly colored scarf tied around David's waist! That's one way to cover up the, um, "problem".

Somehow noticing the issues with these *statues* reminds me that we are now living at a time in our history when there are also cracks and effronteries in some of our magnificent *statutes* concerning the economy. Politicians are rushing to shore things up and cover over the glaring problems in the banks and mortgage institutions. Well, maybe it's as easy as that.

All this reminds me that it's always possible to find a quick fix for the things in each of our individual lives that need to be restored, re-evaluated or repaired. But of course, that's not how it works. We have to do the long-term thing that's more responsible and lasting. We need to dig deeper and find the ephemeral approach to what's ailing us. Then, we will know that our legacy will be one that inspires and sustains the coming generations, not just burdens or disillusioned them.

Just my thoughts, as we struggle as a nation and as individuals with how to make things right for ourselves and the world. Now I think I'll go do something meaningful with my grandkids.

## *Caring and Concerns*

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, and honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." - *Leo Bucaglia*

### Happy Birthday!

Steven Begg  
Chris Clifton  
Tom Dunnett  
Drew Noe  
Brien Palmer

Chris Priano  
Allena Riggio  
Kaitlyn Ruffing  
Bob Straw

### Happy Anniversary!

Marianne Jew & Rick Freda  
Brenda & Chuck Shiring  
Leona & Tom Dunnett  
Mary Kukura-Straw & Bob Straw

### Congratulations

Merritt Bailey - Our new Green Congregation Chairperson

Condolences

Tom Bailey for the demise of his "Veggie Truck"

As a community, we share our positive energies to help those who are having difficult times...

- Mary Kukura-Straw for her mother
- Gayle Pamerleau for her mother
- Mary Warwick for her mother
- Susan Goodis for her cousin
- Melissa Alcorn Ferry for her mother-in-law

"Life is not a brief candle... It is a splendid torch that must be made to burn as brightly as possible before it is handed on to the next generation."

Each month, we will post this column for birthdays, anniversaries, honors, illnesses, or memorials. Please contact Susan Goodis at [Caring@ESUUC.org](mailto:Caring@ESUUC.org) or call 412-609-1232 with events you wish to have included in our newsletter.

### *Sunday Refreshments*

One of the most popular Unitarian traditions is the social hour after each service. At ESUUC, each adult member (or couple) takes a turn bringing refreshments. It works out, on average, to about one turn per person/couple per year. We also have Sharing Sundays, on which anyone who desires can bring in a goody or goodies to share.

To ensure fairness, we assign each adult member/couple a date on which to bring refreshments. These don't have to be homemade or fancy; store-bought treats work well, too. If you haven't brought refreshments before, or are unfamiliar with how things are set up, you may want to come in the weekend before your turn to see how it's done. There are also instructions in the kitchen on how to use the coffeemaker and hot water pot. If you are still confused, or need assistance, contact Brenda Shiring at [brennyren@yahoo.com](mailto:brennyren@yahoo.com) or 724-334-1507. If I'm at the service and you want a hand, just come and get me. The only thing I WON'T do is let you off the hook – we need your participation to keep this fun tradition alive (and everybody fed)!

If the week you're assigned doesn't work for your schedule, please switch with someone else for that month.

Oct. 5	Kathleen Leon
Oct. 12	Laurie Montgomery
Oct. 19	Frank Nemeth
Oct. 26	Ken & Andrea Noble

Nov. 2	Coming of Age Class
Nov. 9	Wendy Noe
Nov. 16	Gayle Pamerleau
Nov. 23	Stone Soup Sunday
Nov. 30	Sharing Sunday

## *RE Class Calendar*

<b>Elementary:</b>	<b>Day</b>	<b>Class Description</b>
	Oct 5	COA Opening Ceremony - No RE classes
	12	Cain and Abel (Session 3) - Wendy Noe
	19	Noah (Session 4) - Natalie Mendik
	26	Service Project Sunday

<b>Middle:</b>	<b>Day</b>	<b>Class Description</b>
	Oct 5	COA Opening Ceremony - No RE classes
	12	Abraham & Isaac (Session 7) - Gayle Pamerleau
	19	Jacob and Esau (Session 8) - Marianne Jew
	26	Service Project Sunday

<b>Coming of Age:</b>	<b>Day</b>	<b>Class Description</b>
	Oct 5	COA Opening Ceremony - No RE classes
	12	Buddhism - Dan Begg
	19	Buddhism - Mary Kukura-Straw
	26	Service Project Sunday

### *Help with Service Project*

We Need Your Help!

As one of our projects for this year the kids in RE will be doing a project to benefit seniors and/or the people served by the Braeburn Institute. Our plan is to decorate and decoupage small wooden boxes, and then fill them with travel-size toiletry products. We could use your help in two ways: One to provide some magazines or old catalogues that we can cut to get pictures for the project, and secondly to provide small toiletry items that we can include in the boxes when we donate them.

There will be a box in the room with the round table where any donated items can be placed. Thank you for your help!

### *New RE Director Wanted!!*

AND THE SEARCH BEGINS - - - NEW RE DIRECTOR WANTED!!!!

Hello everyone, I hope my corny headline got your attention!

This will be my ninth, and last year, as the RE Director for our church. The Board and RE Committee are aware of my retirement and are beginning the search for a new Director. Could that person be you? I can tell you that it is a fun, and rewarding job, and yes, it does have its challenges, as any job does. But the rewards far out weigh those challenges. If you are interested, please let me, Leona Dunnett, Kate Zingarelli, or any Board or RE Committee member know, and we will shout it from the highest rooftops!!

Seriously, if you are interested, this would be a good time to let us know. I am hoping that someone will

step up soon, and can work with me the rest of this year, a COA year, to learn the ropes. I would like to make it as easy as possible for the next Director.

To all of you in the congregation, my thanks for all the support you have given me and the program. You have been wonderful, and are very much a part of what makes doing this worthwhile.

Respectfully submitted,

Kate Begg

DRE

### *Labyrinth Project*

I am pleased to report that we have made a great deal of progress on this project. A 'model' of the Labyrinth pattern we have chosen has been painted on the lawn to the left of the church. Please take a look, and walk it if you'd like.

In order to move to the next stage, the building stage, we need to raise funds for the purchase of materials. The total cost for materials is estimated to be less than \$400. (Estimated at this point because we cannot determine delivery charges until we place our order.)

Once the materials are rec'd the hard work of building the labyrinth begins. We are hoping to raise enough funds to begin the project soon, with a target of having it completed by October 31.

Would you like to make a donation in support of this project? If you would, now is definitely the time!

You can give your donations to Chris Priano, clearly marked that they are for the Labyrinth project, so he knows to set them apart.

The Labyrinth will be a unique addition to our church that we hope everyone will enjoy. With a little luck, and cooperation from the weather, it will be in place soon!

Thank you for your support!

Kate Begg

### *Daytime Book Club*

The Wed. afternoon book club meets at the Panera Bread in Penn Ctr. the first Wed. of each month at 1 pm. Upcoming book selections:

Oct. "Under the Banner of Heaven" by J. Krakauer

Nov. "Killer Angels" by M. Shaara

All are welcome (even if you haven't read the book!).

### *Evening Book Club*

Teens driving you crazy? This month's selection, "The Primal Teen" by Barbara Strauch examines the mysterious, infuriating, and downright weird behavior of teenagers and tries to explain, in scientific terms, why teens behave this way.

The book club will meet on Saturday October 18th at 7 PM at Mary Warwick's deck ... weather permitting.

## *Unity Day*

Unity Day in Greensburg on October 21, 2008 at 7pm starting at St. Clair Park located on Maple Ave. If any one has any question they can contact Ted Short via email (shortc@wccc.edu) or phone (724) 331-3730.

## *Halloween Party at ESUUC*

It'll be a "boo"tiful afternoon at ESUUC on Sunday, October 26 when we hold our Halloween costume party. Younger members of the congregation are invited to join us from 2-4 p.m. in the community room, where we'll play games, make crafts, and enjoy Halloween-themed treats and candy. Activities are planned for children 10 and younger, but all children and youth are welcome. Parents, please let Brenda Shiring know if your child or children will be celebrating with us, so we know how many to plan for. See you there!

*(more on next page)*

## *Adult RE: "Spiritualism" - Led by Jay Powell*

### All Day Jay Powell Class on Spiritualism, Dec. 6

Those of you who remember Dr. Powell's Sunday presentation last April will recall that there was quite a bit of interest in his coming back to do an in-depth workshop with us. So now we have this on the calendar:

On Saturday, Dec. 6, from 10am-4pm, Dr. Powell will lead us in a morning devoted to the concept of Spirituality as a "non-local" phenomenon, and an afternoon filled with a series of activities such as sharing personal stories among the group and some focus activities on how to reach into our deeper consciousness.

**There is a limit of 15 registrants, with pre-registration required.** We will be using Chapter 5 of Dr. Powell's book as the basis for discussion. (See the accompanying registration form.) Some folks already have the book, but others will need a copy. Cost is \$40 for those without the book; \$15 for those who already have the book. After you register, if you need the book, Dr. Powell will send it to you at least two weeks before the workshop.

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### ***PRE-REGISTRATION FOR DR. JAY POWELL WORKSHOP DECEMBER 6, 2008, 10am to 4pm at ESUUC***

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Name	/	Phone Number
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Address: where to send the book for those who need one. The book will be sent out at least two weeks before the workshop.

Cost of the workshop (includes Dr. Powell's book)	\$40.00
Cost of the workshop if you already have the book	\$15.00

Dr. Powell will divide the proceeds so that \$10 goes to ESUUC, and the balance to Better Schooling Systems, which is his charity. A Tax Receipt will be given to all participants.

A simple soup lunch is included in the cost of the workshop.

**Deadline to register is Wednesday, November 19. Make checks payable to ESUUC with the memo: Powell Workshop**

**Send this completed registration form with your check to:**

**Rev. Renee Waun  
227 Oakview Avenue  
Pittsburgh, PA 15218**

## *Congregational Committees*

### **Committee – Chair (email)**

Aesthetics – Jean Robl and Maureen Lilly Building and Facilities – open Caring & Concerns – Susan Goodis ( <a href="mailto:caring@esuuc.org">caring@esuuc.org</a> ) Committee on Ministry – Gayle Pamerleau Community – Brenda Shiring Drumming – Bill Dunham ( <a href="mailto:drumming@esuuc.org">drumming@esuuc.org</a> ) Finance – Chris Priano Green Congregation – Merritt Bailey	Landscaping – Laurie Montgomery Membership – Marylyn Devlin Music – Alan Halperin Pastoral Care – Maria Luczkow Religious Education – Kate Zingarelli Sunday Programs/Celebrations – Mary Kukura-Straw Welcoming Congregation – Matt Mathis
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## *Calendar*

Wednesday, October 1

1:00pm

[Wednesday Book Club](#)

Sunday, October 5

9:30am

[Choir Rehearsal for today's Service](#)

When Sun, Oct 5, 9:30am – 10:30am

Where ESUUC ([map](#))

Description All are welcome - come practice with us at 9:30 am and sing at the today's Service. We practice and sing on the 1st Sunday of each month. Contact Alan Halperin or Jean Robl if you have any questions.

10:30am

[Sunday Service: "How I Wonder?"](#)

12:00pm

[Program Committee](#)

When Sun, Oct 5, 12pm – 1pm

Sunday, October 12

10:30am

[Sunday Service: "You're Not As Sane As You Think You Are"](#)

Wednesday, October 15

1:00pm

[Current Events Group](#)

When Wed, Oct 15, 1pm – 2pm

Where Paneras in Penn Ctr. ([map](#))

Description All are welcome. Bring a Republican! (This group always meets on the third Wed. of the month, same place and time.)

Friday, October 17

7:00pm

[First UU COA Opening](#)

Saturday, October 18

7:00pm



Evening Book Club

Sunday, October 19

10:30am

Sunday Service

11:00pm

Newsletter Deadline

Sunday, October 26

10:30am

Sunday Service: "Honoring the Ancestors"

2:00pm

Halloween Party

### *Newsletter Deadlines*

November 2008 newsletter deadline: **Sunday, October 19**

Please email your articles to [newsletter@esuuc.org](mailto:newsletter@esuuc.org) or call Marianne Jew (724) 325-1548 and leave a message with your news, stories, and other information.

### *Get the Weekly Email News*

If you would like to receive a weekly email that includes items not in the newsletter and reminders of upcoming events for the week, please send an email from the address you would like subscribed to **esuuc\_news@esuuc.org**. You can also send a message to that address if you would like it included in the weekly email announcement to the congregation.